



DEFENSE HEALTH AGENCY
FOX ARMY HEALTH CENTER
4100 GOSS ROAD
REDSTONE ARSENAL, AL 35809

Dear TRICARE Beneficiary:

Fox Army Health Center (FAHC) is here to assist you with achieving a lifetime of wellness through a coordinated and comprehensive healthcare plan. A review of our records shows you will be turning 65 in the near future and will no longer be eligible to receive your primary healthcare at FAHC. This means that you will no longer have a Primary Care Manager (PCM) at FAHC and must select a network provider. You will still be able to obtain wellness, pharmacy, laboratory, and radiology services at FAHC when ordered by your selected network provider. In preparation for this transition, we would like to provide you with needed information so there will be no lapse in meeting your future healthcare needs.

First and foremost, be assured TRICARE and Medicare will work together to provide you coverage once you turn age 65. This is established through the TRICARE For Life (TFL) program, which is your Medicare wrap-around coverage. It is available as long as you have Medicare Parts A and B. In order to continue your eligibility for TRICARE For Life, you have to enroll in Medicare as soon as you are eligible. Please keep in mind there is a penalty for not enrolling on time.

Here are a few simple steps to ensure you have TRICARE coverage after you turn 65.

Step 1: Approximately four months before your 65th birthday you will receive a postcard or e-mail from Defense Enrollment Eligibility Reporting System (DEERS)/ Defense Manpower Data Center (DMDC) with information about keeping TRICARE coverage after age 64. It is important to keep your contact and personal information updated with DEERS to ensure that you receive your TRICARE benefits in a timely manner.

Step 2: Be sure to sign up for Medicare Part B no later than two months before your 65th birthday in order to keep your TRICARE coverage.

Step 3: If you are eligible for Premium-free Medicare Part A coverage, you still must enroll in Medicare Part B to maintain your TRICARE benefits.

Step 4: Once you are enrolled for coverage in Parts A and B, you will automatically receive TRICARE benefits under TFL.

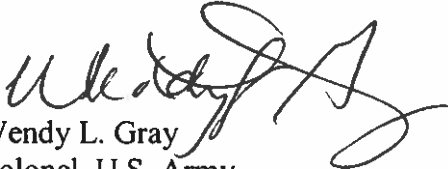
Step 5: If you do not receive a postcard or e-mail from DMDC about keeping TRICARE coverage around the time of your 64th birthday, you can contact DMDC by calling 1-800-538-9552.

For TFL and Medicare, your birthdate will determine when you are eligible. Your TFL coverage will start on the first day you receive both Part A and B coverage. When you successfully enroll in Medicare, you will have to pay the premium for Medicare Part B based on your income; however, there are no premiums associated with TFL.

In order to locate a network PCM to provide for your primary healthcare needs under Medicare, contact 1-800-MEDICARE (1-800-633-4227), or visit www.medicare.gov. It is important that you not wait to find a provider. Give yourself plenty of time to research where you would like to receive your care.

In summary, I would like to personally thank you for your family's military service and thank you for your trust in FAHC. I ask that you do not view this change in your status as a negative event, but just as a transition. Again, please note that under TFL we look forward to assisting in your comprehensive care by continuing to provide you services from our wellness, laboratory, radiology, and pharmacy departments.

Sincerely,


Wendy L. Gray
Colonel, U.S. Army
Commanding

For questions or additional information:

Tricare for Life (TLF) – 1-866-773-0404, www.tricare.mil
MEDICARE – 1-800-633-4227, www.medicare.gov
DEERS/DMDC – 1-800-538-9552